



sit smart guide

How to **Sit Smart** & Protect Your Roll-Edge Seat Base Sofa

Don't just sit there!

Why Sitting on the Edge Isn't So Smart

If your sofa has a **roll-edge seat base**, it's built for full-body comfort – not edge-perching marathons. Whether you're **gaming, scrolling or binge-watching** from the edge of your seat, here's why that habit can quietly sabotage this specific type of sofa...

Gaming Pressure: Sitting forward for hours puts intense strain on the roll-edge seat base. Over time, this pulls the foam away from the frame, causing visible sagging and uneven support. Your high score shouldn't come at your sofa's expense.

Sagging Cushions: Foam needs even pressure to stay supportive. Sitting on the edge compresses it unevenly, and once it detaches from the frame, the seat starts to dip and lose its shape.

Fabric Wear: The roll-top edge takes the brunt of movement and friction. That means faster fraying, fading and wear compared to the rest of the sofa.

Posture Problems: Perching strains your back and neck, reduces circulation and makes long sessions less comfy than they should be.

Whether you're sitting back, stretching out or sinking in for a nap, your **roll-edge seat base sofa** is designed for relaxed lounging (not edge balancing). Treat it right and it'll stay comfy, supportive and stylish for years to come.

Now time to sit back and relax!